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Practical Hints for the Student Psychologist

By L. S. MORIARTY, M. P.

All the character we possess comes through the correct usage of concentration. In other words our every-day habits determine our success or our failure, in accordance to the amount we concentrate upon these habits.

If we decide that we must change some of these habits, we must persistently and continuously affirm our oneness with this new idea, and in that way the new channels of thought will be opened for us and we will have new constructive thoughts begging to be admitted.

We must not allow any thought of weakness to enter our consciousness because that very thought causes us to attract all the corresponding elements of weakness.

Many men are failures simply because they fail to use their powers of concentration. They fail in business and start over again in the same old rut instead of giving their minds a thorough renovating. They hold tenaciously to those things which are irritating, annoying and destructive. And in so doing these images become fixed habits