

Another important attainment is that of traveling in the "astral body." This, too, I practiced hard. I was able in time to make my presence known to a person at a distance, by a sort of instinct. Soon I got it so that I could be both seen and heard. I have not yet been able to impress inanimate objects, for I gave up this class of work as not essential to the Great Work. For instance, when I was in Honolulu I had a long talk with a girl in Hong Kong. I described the town, and her house and room, with accuracy, in great detail. She, too, saw me and wrote down my remarks correctly. But I failed to knock a vase off the mantel, as I wished.

The point is this. To "get into the astral body" really means to allow the consciousness to rest in a vehicle of fine matter, and, detaching that from the gross body, to move about. But this has its drawbacks. One is no longer at all on the material plane, but on the astral plane, and one must not expect to see material things. This is the blunder made by "physical clairvoyants" and the cause of their constant errors. No; for physical clairvoyance, or for action at a distance, somewhere on the astral one must pick up ready material as a basis for a sort of "incarnation." Thus the girl I speak of had burnt incense specially to give me a body visible and tangible and audible. But incense is not strong enough to make a body mechanically solid. It becomes sensible to the eye and ear of a living person, as a cloud is, but not strong enough to resist pressure.

However, by offering blood one can construct a body good enough for, say, courtship and marriage. I have done this often enough; it is not at all difficult when the conditions are right. It is dangerous, though; if anything happened to the blood when you were using it, there would be a nasty mess, and if the blood be not carefully destroyed after you have finished with it, it may be seized by some vampirish elemental or demon. I think no one below the grade of Magister Templi should use blood, unless he be also an initiate of the IX° of O. T. O.

Such have been only a few of very varied activities. I may remark that the methods so far employed are not altogether satisfactory. There is too much accident, for one thing. Quite recently, a disciple of mine, painting that great square of letters which synthesizes the elemental forces of water, had a tank burst and flood his house. On another occasion, at headquarters, teaching astral traveling

through the Tablet of Fire, we had five fires in three days, while the disciple who was being taught went home the third night, and found his house burning, a fire having started in the coal cellar. A "natural" fire can't start in a coal cellar, especially, as in this case in winter.

For another thing, these methods are very tedious. A proper evocation of a spirit to visible appearance means weeks of preparatory work. Again, they do not always succeed as fully as one would like. In short, I felt the need of further initiation, and the communication of a method as safe and sane and easy as railway traveling.

I will not here detail the steps by which this came to me; enough to say that the A.: A.:, the mightiest organization on the planet, chose me eleven years ago to do a certain work, and rewarded me in no niggard spirit. Then, nearly six years ago, the Frater Superior of the O. T. O. came to me, and appointed me Grand Master of the Order in all English-speaking countries of the Earth, and Special Delegate to America. With this He conferred the secret of high Magick which I wanted. Easy to operate as a bicycle, and sure of results as a bottle of brandy, it only needed a little intelligent study and practice to supplant all the old methods, which became, as it were, adjutants of the real thing.

It is upon this that I am still at work, for I have not yet completely mastered it. There are two parts to every magical operation. The ancient Alchemists expressed this in their formula "Solve et Coagula." First, one must subtilize matter so as to be able to mould it, and then fix it again in gross matter so as to retain the desired form.

The first part of this is swiftly and surely accomplished by the method of which I write; the second part is not equally easy. The result is that one obtains always an earnest of the desired goal, a shadow of the reward, so to speak. But this does not always materialize. For example, one performs an operation "to have \$20,000." A few days later a prospect of obtaining that exact sum suddenly arises, then fades slowly away. Exactly what to do in such a case is a problem of which I have not yet found the perfect answer. Fortunately, it rarely happens that this trouble supervenes. In five out of six times the desired event comes naturally to pass without further disturbance. But I confess that I should like to make that sixth time safe, and I believe that in another few months I shall have done so. Already matters